Kimberly May, Food Service Specialist

## Lakeview Senior Center Hot Home Delivered Menu

Reservation and Cancellations must be made at least 2 business days in advance

## March 2014 Menu is subject to change without notice.

Please Contact: Meals on Wheels 949-724-6910

## Suggested Donation of \$5.00 per Meals Delivery

\*No senior is denied a meal due to inability to donate

3 Pumpkin Turkey Chili Cheesy Potato Half Corn Bread Oatmeal Cookie	4 Catfish with Lemon Sauce Chuckwagon Blend Seasoned Carrots Bananas Foster	5 Chicken Ala King over Biscuit Baked Tomato Half Squash Blend Peach Crisp	6 Loaded Open Faced Philly Cheese Steak On Wheat Roll Creamy Potatoes Steamed Broccoli Fruit topped Cheesecake	7 Baked Manicotti with Sauce Trio Italian Blend Wheat Garlic Toast Pears in Gelatin
10 Mushroom Swiss Burger (Lettuce and tomato) Warm Three Beans Seasoned Carrots Fresh Melon	11 Pork Tamale Pie Bean Ragout Seasoned Squash Oatmeal Cookie	12 Good Nutrition Day Grilled Herbed Chicken Breast Seasoned Barley Roasted Tomato Baklava Cups with Apricots	13 Spinach Pie Vegetable Risotto Stewed Tomatoes Cake	14 Baked Cod with Sweet and Sour Sauce Wasabi Mashed Potatoes Peas and Carrots Pudding
17 St Patrick's Luncheon Open Faced Rueben Colcannon (Irish Mashed Potatoes and Greens) Glazed Carrots Pot of Gold Pie	18 Chicken Marsala Parslied Fettuccine Capri Blend Vegetables Peaches and Blueberries	19 Mediterranean Salmon Patty WW Pita Fruity Cous Cous Seasoned Cauliflower Bread Pudding	20 Open Faced Pineapple Turkey Burger on Hawaiian Bread Whipped Yams Seasoned Green Beans Tropical Fruit Salad	21 <b>Vegetarian Lasagna</b> Italian Blend WW Garlic Toast Berries
24 Vegetable Enchilada Bake Seasoned Black Beans California Blend Churro with Strawberry Dip	25 Cantonese BBQ Pork Sesame Noodles with Bok Choy Asian Blend Almond Float with Oranges	26 Beef Brisket with Red Wine Sauce Matzo Ball Seasoned Carrots Coconut Macaroons	27 Grilled Saffron Chicken Basmati Rice Zucchini and Tomatoes Wheat Pita Bread Chocolate Cream Crepe	28 Breaded Fish with Tartar Sauce Baked Potato Wedges Sautéed Cabbage Squaw Bread Slice Fruit Parfait
31 Spanish Chicken Paella Rice Sautéed Spinach with Pine nuts and Raisins Apricot Cake	H	appy 🗱 t. Patricks Da	y	Denotes Sodium Higher Than 2,400 for the day +Indicates Special Menu that has not been analyzed, sodium content may exceed 2,400 for that day