Think Vaping Is Safe?



It's a drug.

It's addictive.

It's expensive.

It's dangerous.

Think again.



Get the Facts

Most e-cigarettes contain <u>nicotine</u>, which is a very addictive drug. It is often found in other tobacco products like cigarettes and cigars.

Nicotine exposure during adolescence may harm brain development, which can impact learning, memory and attention span.

Vapors contain heavy metals that may be harmful when inhaled deeply into the lungs.

Studies show that many high school students, and even middle school students, are currently vaping.

Don't be part of these statistics.

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